

Multi-Dimensional Healing Ethical Practice and Teaching: Why Now & Why Us?

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Abstract: The widespread experience of multi-dimensional consciousness has opened the door for us to revisit the dynamics regarding ethical practice and teaching in the industry of Consciousness Studies. This industry includes Near-Death Experiences, Near Dying Awareness, Out of Body Experiences, Past Life Regression, Shared Destiny, PSI Phenomena, Mediumship, Poltergeist, Soul Healing and more. My goal is to share what is taking place in the larger context of this practitioner/teacher industry that is affecting health care practice and delivery, while including addressing ethical practice and teaching.

Introduction

The widespread experience of multi-dimensional consciousness has opened the door to revisit the dynamics regarding ethical practice and teaching in the industry of Consciousness Studies including Near-Death Experiences, Near Dying Awareness, Out of Body Experiences, Past Life Regression, Shared Destiny, PSI Phenomena, Mediumship, Poltergeist, Soul Healing and more.

My goal is share what is taking place in the larger context of this practitioner / teacher industry affecting health care practice and delivery including addressing ethical practice and teaching.

Why now and why us, speaks to the urgency felt throughout this nation and beyond to address this growing and diverse unregulated industry. Reports of abuse, inadequacy in handling difficult challenges is getting our attention now. We, those of us who practice and teach multi-dimensionally, need to provide leadership within, rather than regulations being imposed upon from without.

Goals include:

1. Provide support for clients, practitioners, and teachers to interact and communicate effectively together hearing each other from a heart space connection.
2. Examine and understand the unique demands required to act ethically when multi-dimensionality is used.
3. Create safety measures for the public and guidelines for professionals.

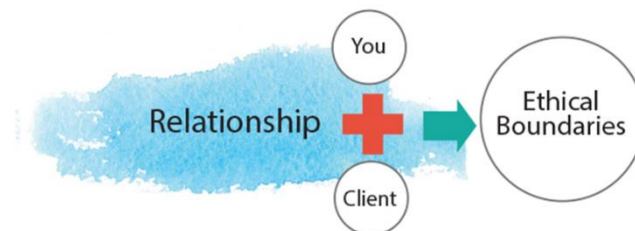


Figure #1

Concerted action is necessary

If we in the profession do not act quickly enough, politicians and other who do not really understand what we do and how we do it will take over, as they have with the traditional medical systems in this country. We, in the industry, need to control our interactions with our clients, or at least have a say in the lawmakers' deliberations on our industry. Lawmakers are poised to act and may act in inappropriate directions that are influenced by others who have vested interests in our practices. Those others that can control this growing industry and hamper the progress needed to ensure empowerment to us, including safety of our clients, as well as safeguard free choice and access to health care at a reasonable cost.

Practitioners, teachers and organizations also need to be safeguarded, which requires that we ourselves operate with self-imposed integrity that follows clear and adequate guidelines, which need to become standards for the industry. A quick overview of what our ethical commitment should be follows. It has been created to hold integrity high and our guide actions in clinical and educational services as well as guiding organizational behavior for the industry. Figure #2

Ten Ethical Commitments for Practice – Education - Organizations

GOLD STANDARDS OF SERVICE

1. SUPPORT AND EMPOWER OTHERS AS HEART CENTERED COLLABORATORS.
2. OPERATE WITH HIGHEST STANDARDS OF CARE, RELATIONSHIP AND ETHICS.
3. SERVE EQUALLY REGARDLESS OF RACE, AGE, NATIONALITY, SEX, RELIGIOUS AFFILIATION, SEXUAL ORIENTATION, STATUS OR SITUATION.
4. SUPPORT THE CLIENT'S BEST INTERESTS IN ANY AND ALL DECISIONS.
5. SPEAK THE TRUTH IN ALL COMMUNICATIONS.
6. BE TRANSPARENT IN PROVIDING SERVICE WITHOUT CONFLICT OF INTEREST.
7. ALWAYS MAINTAIN HEALTHY BOUNDARIES.
8. WORK IN PARTNERSHIP WITH THOSE SERVED.
9. ASK PERMISSION AND DESCRIBE CHARGES BEFORE PROVIDING SERVICE.
10. DOCUMENT CLINICAL SERVICES AS REQUIRED BY TRAINING, LAWS AND LICENSE.

[Institute for CAM Studies at Akamai University](#)

This gold standards model of service is based on the [World Health Organization Technical Brief No. 1, 2008. Making health systems work.](#)

According to them, “The management and delivery of health services so that clients receive a continuum of preventive and curative services, according to their needs over time and across different levels of the health system.”

Key organizations in the alternative health care industry, such as the newly created www.NAOEP.org, are in the process of creating relevant high standards for professional performance. They hope to find a pathway to licensure in the USA, and to show what needs to happen to ensure safety and efficacy in the overall expanding field of consciousness and multi-dimensionality, as applied to health care practice. Meanwhile, the overall traditional health care system itself needs new partnerships, collaborations and revolutionary approaches to provide a much-needed reform and a rejuvenation in health care delivery.

A more general context

Over the very recent past, the veil between different levels of consciousness has become thinner, including those aspects of consciousness and spirituality that deal with non-local communication through the multidimensionality of space and time. Many practitioners in the health field, both traditional and alternative, are ill-equipped to navigate these changes legally and professionally. Once you open these higher realms of consciousness to other valid interpretations and practices there is no turning back, as both the beauty and intrigue of new advances in consciousness captures the imagination for wanting more, sooner rather than later. However, these realms are difficult to understand and can easily be misinterpreted by those who are uninitiated and inexperienced in the various higher consciousness disciplines.

This practical guide will cover some multi-dimensional aspects of consciousness that I have explored and navigated with clients over my fifty-plus years of practice and teaching in multiple countries as well as the organizational leadership roles that I served throughout my career. I learned multi-dimensional healing and consciousness as I lived and experienced it, working as a health care professional and educator in traditional and nontraditional arenas in multiple countries. I witnessed and opened the door to sensations and theoretical concepts that went far beyond current science and health care practices and teaching methods, including ethical guidelines and licensure.

I needed to find answers quickly – hence the evolution for new solutions flooded my consciousness as I accepted the challenge to explore unknown territory. I learned not be afraid to integrate and provide service from my newly learned and experienced platform of the unity within both consciousness and multidimensionality, as it applied to health care and the health professions. These experiences gave me new opportunities to include the gifted awakening that I have experienced and wish to share with others to the service of humankind.

Walk this path with me. I will lead you through new territory where I will be sharing my experiences regarding multi-dimensional healing, ethical practice and teaching non-traditional

health practices. This includes cutting-edge advances in extra-ordinary experiences of care and comfort to individuals of all ages and populations, within many different home and health care settings. A one-size fits all approach does not, cannot and will not work because everyone and every situation is unique.

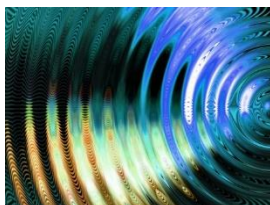
As a past member (2017-2018) of an international consortium of expert practitioners, educators and researchers, actively working on preparing exemplar ethical criteria, I will be sharing my latest thinking, as influenced by those collaborations, of what is before us and how to ride the wave of expanding human consciousness and our awareness and knowledge of it successfully. This is not for the timid soul, rather the experience will offer firsthand theoretical knowledge and experience shaped by my own multi-dimensional evolution of consciousness. I hope to inspire everyone to find their own unique evolutionary path to higher consciousness, one that will lead to service to others. The following series of slides best sum up my ideas on this subject.

Multi-Dimensional Healing: Transform, Transmute, Energetic Charge

- Levels of Vibration
- Levels of Consciousness
- Levels of Performance



Waves- Vibration



Light – Frequency



Sound – Movement

Figure #3

How is Multi-Dimensional Healing Different?

| Traditional Clinical Care | Multi-Dimensional Healing |
|---|--|
| Practitioner Focus of Care | Symptom of Concern Origin |
| May or May Not Be Holistic | Multi-sensory data explored as contributing factors or Interrelationships |
| Focus on Alleviating Symptom(s) | Explore belief holding symptoms in place |
| May or May Not Go Back in Time to Examine Early Programming or Trauma | Childhood or other lifetime trauma carried forward, Karma |
| Rarely Includes Alternative Assessments or Therapies | Intuitive data used for assessment, treatments and understanding of patterns |

Energy healing in context

The following slides give examples of how to understand how energy healing transmissions work and look at this time.

As an example, how to understand how energy healing transmissions work look at this using data from the restoration process of energy to our communities and homes from Duke Power descriptions after hurricane Florence: (Email sent September 17, 2018. Figure #4

Lines of Connection and Energy Distribution

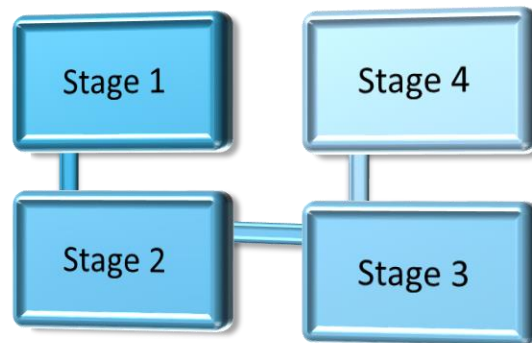
- Transmission line deliver electricity from power plants to substations
- Substations adjust voltage to lower levels to main distribution lines
- Main distribution line to large subdivisions and commercial to local distribution lines
- Local distribution lines to tap lines deliver electricity to smaller neighborhoods and businesses to distribution transformers
- Distribution transformers to service lines deliver electricity to individual home or business



Four Elements from Multiple Time Frames Figure #5

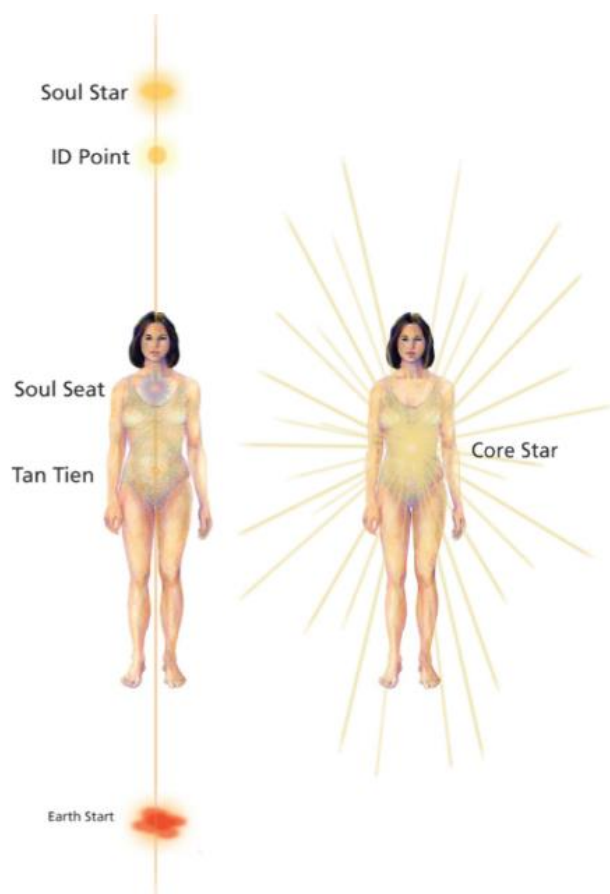
Energy Elements

- Central Power Current & Core Star
- Energy System-Energy Centers (Chakras), Tracks (Meridians), Field (Aura)
- Fragmented Energies (Our Energy Split)
- Interfering Energies (Outside Energy Affecting our Energy Signal)



The important aspects for this paper are focusing on the Central Power Current of our lives and the Core Store as shown in the next illustrations. Figure #6 Multi-dimensionality energy travels from the Central Power current to the house of our physical body and consequently our life and gives us the bandwidth to operate on Earth plane. This circuitry is developed through meditation, and other inner states of consciousness including energy therapies of which there are a range to choose from will develop at the rate ones' soul chooses and can handle.

The Core Star travels down the Central Power Current and either is stationed behind the Heart Energy Center for those heart centered or the Solar Plexus for those who are primarily ego oriented radiating our Divine Essence.



After the sperm and egg are fertilized the Divine Spark activates life on physical earth. The energy of the soul travels down the central power current from our Soul Star through the human body connecting the energy that is needed to fuel all aspects of our being that connects us to the Earth Star. It is between these two stations the flow of energy is regulated throughout our being.

From the Earth Star we connect to the center of the earth to manifest what our decided destiny is guiding us to do in this lifetime.

At death or during the dying process, the energy disconnects from the center of the earth and our earth star to return to the soul star ready for another lifetime is so chosen.

Figure 6

The way forward

Yet these concepts raise important and significant new questions that need to be answered by the medical and health community, both academic and experiential. Some practitioners and systems may not be what they seem to be and may or may not work directly through consciousness to raise levels of consciousness through the practice of good health, despite their seeming authenticity. They may possibly even oppose consciousness and raising consciousness through the lack of understanding and wrongly interpreting consciousness and its relationship to health. So, we need to ask, seriously think about and then answer these questions as accurately as our knowledge of consciousness and its role in our bodies, lives and the world as a whole allows: Why do some choose a path that is self-serving or unethical? And, what do we need to do about it – “Why Now and Why Us?” These questions need to be addressed sooner rather than later, if not immediately.

There are three forces at work in the world that confront our choices and thoughts about answering these questions. They and the relationship between them are shown in the diagram below.

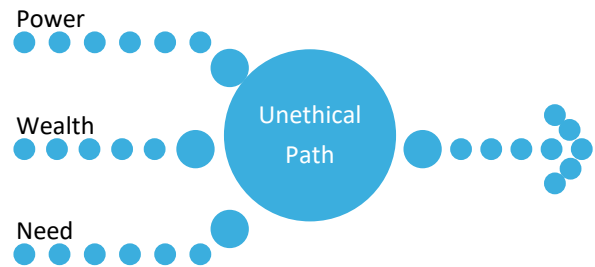
Soul Choices or Consciousness in Our Life

Why do some choose a path that is self-serving or unethical?

And what do we need to do about it – Why Now and Why Us?

Question to be addressed.

There are three forces basically that confront the choices of our consciousness. Figure #7



Given these relationships and factors that negatively affect and influence people's perceptions of the alternative health industry, as well as the individual practices of alternative health specialists, specific challenges for the future of this industry can also be summarized as follows.

Challenges Hindering Ethical Practice / Teaching

Earthly Plane:

- ✓ Lack of Pure Intent
- ✓ Need to Control Others
- ✓ Be in Charge
- ✓ Lack of Knowledge
- ✓ Unclear Boundaries
- ✓ Conflict of Interest
- ✓ Soul Not in their Body

Multi-Dimensional Plane

- Interfering Energy Attachments and No Clear Signal
- Karmic Patterns – other lifetimes
- Spirit attachments – full or partial
- Fragmented energies – split off

How Do Some Become Vulnerable and Act Unethically?

Feeling inadequate, beaten down, not supported, physically weak, lack of knowledge and emotionally fragile.

It is from the empowered heart center that we move to live multi-dimensionally in relationship to others who are sharing and caring for each other in an interdependent way in the world rather than a selfish primarily personal gain. Finding ways to open the heart, live in the heart

and give from the heart (which is the functional center of consciousness in the body), while caring for one's and others' unique and individual 'self' unselfishly but considering our life's path or connectedness to the unity of the universe, is what we are faced with and challenged to endure. The path to follow this is given below.

It is from the empowered heart center that we move to live multi-dimensionally in relationship to others sharing and caring for each other in an interdependent way in the world rather than a selfish primarily personal gain. Those who live from the ego base to make choices are prone to engage in unethical choices.

Finding ways to open the heart, live in the heart and give from the heart while caring for the self unselfishly but considering our life's path or connectedness is what we are faced with and challenged to endure.

In the bibliography, anyone can find references that will help them begin their journey and ways to open their hearts through different avenues. You can also find examples of ethical documents from diverse organizations that have intently studied this dynamic and take responsibly for leading the heart-centered community in the new direction of how to live, be and function within integrity and collaboration with others.

Heart Energy Center – Chakra

Figure #8

Inter Dimensional Doorway to Energy Transformation



Triangle Up – Soul Star Connection to Divine
Triangle Down – Earth Star Connection to Physical Plane

Divine Light Within 12 Petals Stir the Energy

Compassion, Integrity, Joyful, Loving, Forgiving, Inspired, Committed,
Sharing, Respectful, Considerate, Tolerant, Honest

Ethics of Doing Business: Roles and Boundaries

Figure #9

- ❖ Practice
- ❖ Education
- ❖ Research
- ❖ Organizations



In this graphic taken from a 2019 course I have prepared for IANDS Sharing Groups On-line (ISGO), I have illustrated some of the ethics documents I have included to illustrate what is easily available for guiding the way for the future in this industry. They are listed in the bibliography and should be closely examined by everyone who is interested in personal health, the health care industry, spirituality and consciousness studies. They are listed in the bibliography to examine closely. Slide from Sept. 15, 2019 Ethics On-Line Teaching with ISGO. Figure 10

AN ISGO EVENT Sunday Sept. 15th, 2019 (3:30 to 5 pm Eastern)

Review of Organizations
Ethics Documents:
Visit the web site of group you choose to review. I have highlighted two energy therapy ethics, two educational ethics, one on legal issues, one organizational approach one on research and two psychic & medium code of ethics.

- ❖ An Ethical Framework for CAM Research, Practice and Policy: [National Library of Medicine](#), [National Institutes of Health](#)
- ❖ [American Holistic Nursing Research Ethical Document](#) by Nel Thomas PhD, RN



- [Energy Medicine Partnerships](#)
- [Healing Touch](#)
- National Qigong Association
- [Association of Comprehensive Energy Psychology](#)
- Quantum Touch
- [Akamai University](#)
- Inner Source
- [AAE \(Code of Ethics for Educators\)](#)
- [Legal issues in CAM Law](#)
- Psychic and Medium Code of Ethics
 - [Universal Psychic Arts &](#)
 - [First Spiritual Temple](#)

The views of the presentation are of the instructor and do not represent any official position of IANDS nor ISGO.

9/15/2019
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Similar insights

“Never Lost.” Rushnell remembered thinking at the time: ‘Wouldn’t it be great if we all had GPS: A Global Positioning System... making sure we are “never lost”?’ For Rushnell, that is when the penny dropped. He thought we do. (Rushnell 2012 p.1)

In summary, the steps he outlines uses a **GSP – God’s Positioning System** as the source for guidance and inspiration. For those who do not believe in a God, or have a different word for something similar, following the steps he set forth will still work. Belief in any specific God or the non-religious equivalent (Cosmic Consciousness, the Great Spirit, Universal Consciousness, and etc.) is not necessary, all that is necessary is a belief in your own consciousness and the fact that you can raise the level of your consciousness by conscious intent. Just focus on the words underlined below and come up with what works for you. Rushnell’s steps follow in Figure 10.

GPS STEP 1: SPEAK WITH THE NAVIGATOR

GPS STEP 2: LISTEN TO YOUR INNER COMPASS

GPS STEP 3: MAP YOUR DESTINY

GPS STEP 4: UNSHACKLE YOUR BAGGAGE

GPS STEP 5: STEP OUT IN FAITH AND BELIEVE

GPS STEP 6: READ THE SIGNS, RECALCULATE AND ACCELERATE

GPS STEP 7: GRATEFULLY ARRIVE WITH A FULL WELL WITHIN

[Divine Alignment: SQuire Rushnell 2012](#)

Figure 10

Peter Russell, who wrote *From Science to God: A Physicist's Journey into the Mystery of Consciousness* (Russell, 2005), outlined compelling arguments that start with his opening quote of the philosopher Alfred North Whitehead...

"More than anything else, the future of civilization depends on the way the two most powerful forces of history, science and religion, settle into relationship with each other."

Russell's journey started as a scientist at heart and education, as well as a young atheist. Yet, he still laid the foundation for his own evolutionary path to become a believer in something greater than the human being and greater than the science he was taught. His journey resulted in his own personal paradigm shift. He quotes other distinguished scientists of his time, who made similar transitions from the world of just science, to believing in something greater than what science understands and normally studies. To illustrate this belief among others in the scientific community, he has quoted Albert Einstein who was famous for his beliefs in something greater. Einstein stated that *"Science without religion is lame; religion without science is blind"*, but for me Russell hit the nail on the head.

More recently I was personally inspired by a young Asian woman who was interviewed on 11 September 2019 on C-Span2 Book TV. She described her compelling analysis in the book titled

of *The Art of Logic in an Illogical World*. Her name is Dr. Eugenia Cheng. She uses and showed mathematical formulas that outline the interconnection of all things, as well as expounded on how to find ways to bring the diverse thinking of individuals together. Accomplishing this is a very important and significant *key element facing our world today*. What are the values that we – science and religion, boss and workers, big companies and small, white race with the rest of the world, etc. – must bring to the table to do this. and how do we work together?

I trust you get with I am going with this line of reasoning. Her remarkable outlay of mathematics as a vehicle to look at the interconnection of all things and to get a dialogue started is magical for understanding the world and how the world works, together or not. She began her study by postulating that we have broken systems of relationships, so she turned to mathematics in a unique way to reformulate how to address our many diverse points of view and demonstrate how we are still connected despite them.

If you stay in the same old house or the same old paradigm of beliefs and current knowledge, you may miss insights that take the evolution of our ideas to the next level.

Another example can be found in the *Journal of Medicine and Life*, published online.

In the 25 March 2014 issue, G. Vithoukias and D.F. Muresanu addressed this topic in their article “Conscience and Consciousness: A Definition”. The meanings of the two terms are often not understood – conscience is “clear action” – an ethics of life so to speak. Consciousness is a function of the human mind that receives and processes information, crystallizes it, stores it and uses it to act on, or not to act on, ethically, within the external context of our experienced environment and world.

These descriptions are more complex than they might seem, and correlate to the *process of information-consciousness-awareness-conscience*. This process stands for the integrated system by which all human beings navigate life. This integrated system not only includes each person’s internal self and consciousness, but how they act within and interact with the greater context of the external reality that we perceive and experience. These parts – *information, consciousness, awareness, and conscience* – act with absolute interdependence, both internally and externally. Yet *consciousness in the context of neurophysiology is “subjective awareness” of our inner life*.

Conclusion

In my life’s work, I have learned to use the energetic system that I described earlier in this paper as clinical data from my experience of practicing and teaching worldwide using the Energy Centers, Energy Tracts and Energy Field, Central Power Current, Core Star, Fragmented Energies and Interfering Energy formulations, to guide my work as a healer and educator. My work shapes consciousness and supporting individuals to find their own path and create their own destiny by becoming empowered with their own life choices.

In a 2019 issue of the *Explore*, Larry Dossey, MD, addressed the same issues in his article “Consilience: Are Science and Religion Compatible?” He postulated that “there is a fundamental unity that connects seemingly disparate things of the world as noted in historical precursors.” This concept underscores the premise of my convictions as proposed by Dr. Dossey. Consilience in medicine demonstrates and suggests the need for a unity of scientific medicine with secular and spiritual/religious intentions, including prayer, for the betterment and advance of humankind.

This suggestion is the central core of my own stand of “Why Now & Why Us”. We each need to move forward and upward along paths that guide our actions and beliefs, including, but not limited to, bridging modern science and spiritual guidance.

If the answers we seek come to us through nonobjective avenues such as spiritual insights, dreams, reveries, meditation, hunches, or intuitive guesses, rather than by way of logical mathematical equations, elaborate “theories of everything,” or randomized controlled clinical trials, we should be grateful. It is wisdom itself, not how it is displayed or revealed, that counts. (Dossey 2019, p. 251)

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She has a private practice in Durham, NC offered through Triangle Holistic Center, headquarters of Energy Medicine Partnerships, Inc. and teaches worldwide with faculty, practitioners and students throughout the USA, Canada, Australia, New Zealand, Peru, South Africa, and Chile.

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As Dean of the Institute for CAM Studies at Akamai University a distant education internationally accredited institution dedicated to the betterment of the human



AKAMAI UNIVERSITY
Institute for CAM Studies 

condition, Dr. Bulbrook created educational programs to meet diverse educational goals that prepare futuristic scholars in integrative health practice, education and research blending innovations using empowerment strategies. She is on the Board of Directors of Akamai University too. www.caminstitute / www.akamaiuniversity.us